

A Daily Double in Slow Motion

The Swinging Gate

Things to remember: Fingers swing into the palm like a gate, and back out again. No curling necessary
Buddy fingers are relaxed and alongside
Thumbs up and gently curved
Relax after every stroke and replace by swinging out
Replace finger 4(or 3 for RH) at the same time as 2, just before you play 1

1 *Left takes the lead...*



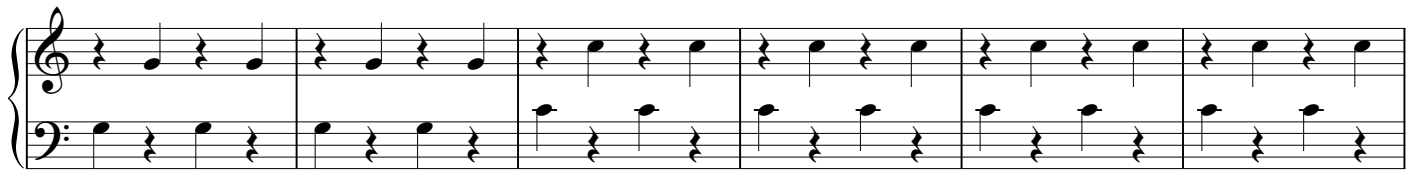
17 *Right moves up the inside ...*



33 *Running neck and neck*



39



45



52

... to the finish!

